

# tiny tales story time

## ACTIVE LEARNING GUIDE

### GUS GROWS A PLANT

#### ACTIVE LEARNING: GROW VEGGIES FROM SCRAPS

Did you know that you can grow new vegetables with certain seeds and scraps left over from dinner prep? Sometimes harvesting seeds for replanting is a process, but with some plants you can use the seed straight from the fruit or you can use the scraps to start a new plant.

##### Planting Bell Peppers

When you cut open a pepper, you will see a ton of seeds inside. Just remove some of the seeds and plant them!

##### What You Need to Grow Peppers:

- Bell Pepper Seeds  
(left over from dinner scraps)
- Paper Cup
- Potting Soil
- 8-10 Inch Pot with Potting Soil
- OR
- Sow Directly in the Ground  
Once Soil Is Warm
- Sunlight
- Water



##### How to Plant a Pepper from Leftover Seeds:

1. Place soil in paper cup
2. Place 2-3 pepper seeds in cup and spread them out so each seed has its own spot
3. Cover the seeds with a thin layer of soil
4. Sprinkle with water and set in a warm, sunny location
5. Check on and water the cup daily, and watch for your pepper to sprout
6. Once the pepper sprouts and begins to grow big, you can transfer the plant to the 8-10-inch pot or directly into warm soil
7. Check the plant regularly to make sure it has enough water and sunlight