

## Menu Memory Experience

### **Grade: Preschool – Kindergarten**

The Menu Memory Experience Game can be done either as a pre- or post-visit activity. It will also complement any unit you may be teaching on health and nutrition and any related lessons.

### **Directions:**

1. Print cards on card stock or a heavy weight paper, copy and cut apart the game cards (at least 1 set for every 4 students).

### **Playing the Game:**

1. Distribute card sets to student teams.
2. Have students turn cards face down on a flat surface in rows.
3. Students then take turns drawing pairs of cards in an attempt to find a match. If a match is *not* found on any given turn, the cards should be replaced in their respective spots. If a student does make a match they can keep those cards.
4. The student with the most matches at the end of the game wins!

**Variation 1:** Play with 2 players.

**Variation 2:** Have students say the name of the food shown as they draw the cards.

**Variation 3:** Each time a card is drawn, the student must say what food the picture shows, use the word in a sentence and/or spell the word.







